



COMMUNITY RESILIENCE TRAINING

Sponsorship & Program Overview

Community Resilience Training equips seniors, families, caregivers, and the workers who support them with the knowledge and tools to stay safe — before, during, and after emergencies. Workshops are delivered by Riverstream at no cost to participants, sponsored by city agencies, public health departments, libraries, housing providers, Offices on Aging, and community foundations.

The need is growing. Communities are facing more frequent and more severe emergencies — extreme heat, wildfires and smoke, storms, and the ever-present risk of a major earthquake. Community resilience is what turns isolated households into a connected, supportive network: neighbors who know each other's needs, communicate before disaster strikes, and act as first responders when formal systems are overwhelmed. That local trust and preparation is what allows a community to survive a crisis, recover faster, and come back stronger — rather than face it alone.

30+

Years of Experience

4

Training Tracks

3+

Program Formats

100%

Free to Participants

WHAT WE OFFER

90-Minute Workshop

Single session, up to 30 participants. Handouts and resource list included.

Three-Part Series

Three connected sessions with custom curriculum and check-ins between sessions.

Train-the-Trainer

Customized program to build in-house capacity with facilitator training and ongoing coaching.

SPONSOR BENEFITS

- All facilitation, curriculum, and printed materials are provided
- Workshops hosted at your facility, partner sites, or virtually
- Highly interactive format with a strong peer-learning emphasis — not a lecture
- Customize to your community's language and accessibility needs
- Flexible scheduling, from a single session to a full multi-part series
- No cost or curriculum-development work required from your team

Ready to bring free preparedness training to your community?

Contact Marguerite Young to schedule a workshop, request a custom quote, or learn more about sponsoring a training series for the community you serve.

[INQUIRE TODAY](#)

TRAINING TRACKS

Each track is tailored to the specific needs, contexts, and challenges of its audience — not a one-size-fits-all curriculum.

Children & Families

- Age-appropriate emergency communication
- Family emergency plans and go-bags
- Staying calm and helping others
- Knowing who to call and where to go

Seniors

- Preparedness for limited mobility
- Medication and equipment planning
- Utility shut-offs and shelter-in-place
- Staying connected during outages

Caregivers

- Preparing clients and households
- Managing medical needs during disruptions
- Self-care and caregiver resilience
- Connecting clients to local resources

Train-the-Trainer

- Facilitation skills and adult learning
- Adapting materials for your community
- Building local preparedness networks
- Ongoing support and curriculum updates

WHY SPONSOR COMMUNITY RESILIENCE TRAINING?

- Strengthen trust and relationships with the people your organization serves
 - Fulfill public health, aging services, or community resilience mandates
 - Partner with a 30+ year public service and community resilience specialist
- Reach the seniors, families, and caregivers you already support
 - Demonstrate tangible public benefit and visible community investment
 - Build lasting local capacity through the train-the-trainer option

ABOUT THE PRESENTER

Marguerite Young, Rivernstream Consulting

A community resilience specialist with 30+ years of experience in public service, community organizing, environmental health, and public governance. Her background spans climate resilience, water and public health policy, workforce development, and community outreach — including elected leadership at the East Bay Municipal Utility District, serving a public utility that reaches 1.4 million people.

IDEAL SPONSORS & PARTNERS

City & county agencies	Public health departments	Offices on Aging	Public libraries
Affordable housing providers	Community foundations	Faith communities & senior centers	Community health clinics

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rivernstream.com/community-resilience

INQUIRE TODAY